



515-255-8399

www.lifeworksdm.com

LifeWorks is happy to still be able to provide mental and behavioral health services to families amidst the COVID-19 restrictions currently in place in our state. All of our providers, including therapists in both Ankeny and Des Moines offices, school-based therapists, BHIS workers and our nurse practitioner are providing Telehealth services. These can take place through video or audio options and are simple to set up. Insurance providers have lifted most restrictions for therapy and counseling services since COVID-19 concerns have limited our ability to provide traditional in person sessions. New client services can be arranged by calling our LifeWorks office at 515-255-8399. Office staff can assist in making the best therapist match and walk clients through the process. If you are an existing client, you can call our office at 515-255-8399, or reach out to their individual therapist via email to make an appointment.

We recognize that this is a time of increased stress and worry for families. Please know that LifeWorks is here to support the mental health needs of our community.