

Important COVID-19 Information

Parents/Guardians,

A confirmed case of COVID-19 has been reported in your child's classroom/activity. You are receiving this notice because your child was in close contact with the confirmed case. Close contact is defined as within 6-feet for longer than 15 minutes. We are working closely with district administration and the Story County Health Department to assess the risk of exposure and notify close contacts.

The Story County Health Department recommends that your child must be in quarantine for 14 days from last exposure ___date_____ (quarantine until ___date_____) to monitor symptoms of COVID-19. Family members of the contact can continue their normal routines. However, the contact must stay home and not leave. No visitors should be at the home, per Story County Health Department guidance.

We are providing the following information to ensure your safety and help reduce the spread of COVID-19:

- Monitor for symptoms: We advise you to follow the [CDC](#) guidelines for people who have had close contact and contact your primary care physician if you develop symptoms. Symptoms may appear 2-14 days after exposure. Symptoms may include: fever, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion, runny nose, nausea or vomiting and diarrhea. Not all cases will have symptoms.

- Testing: Individuals with close contact that are determined to be at risk (prolonged interaction without wearing a face mask) are highly encouraged to be tested through Test Iowa or your primary care office if exhibiting symptoms.

Ballard Community Schools will continue to monitor the situation and will provide additional information as needed.

Thank you,

NAME TITLE SCHOOL